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IBS Presents БАЛЕТНОЕ ДАРОВАНИЕ 2012 ▪ Всемирный заочный балетный конкурс

Classical Outlook

Timely, Guiding Thoughts for the Young Ballet Dancer



BALLET INSPIRATION

The source of dance is joy.

Dancers are like angels in heaven.

Ballet is the world of the ideal.

Be yourself.

Not quantity, but quality.

Not what we do, but how we do it.

Not what we have, but what we do with it.

Being a dancer is the highest distinction.

Easy does it. | Easy disposition.



CLASSICAL DISPOSITION

The classical line is the longest possible line the human body can do.

Ballet is the science of the human body. On stage it becomes an art form.

Ballet is the harmony of the human body.

Ballet teaches the harmony of the human body.

Compare oneself to excellence. Not to another dancer.

*The turnout makes possible for the human body to excel, —
to loose gravity, to loose the grave — and become one with the angels.*

Nothing can be hidden on the stage. It reveals absolutely everything.

*When ballet is done right, it is the utmost therapy for the human body, and soul.
When it is done wrong, it is the sorriest catastrophe. Destructive in every way.*

Ballet does not cause injury. Doing something wrong causes injury.

Ballet is 50% rhythm, 50% placement. Music is 50% rhythm, 50% placement.

Don't think, just do it.

We train the intuition, not the intellect.

Facts you forget, but the feeling you never forget.

Not being perfect, but aiming for perfection.

Good habits. Bad habits. Good habits make a dancer. Bad habits make not a dancer.

Ballet exists in it's quality. Ballet does not exists otherwise. Otherwise there is no ballet.

*Often it is said: Less is more. At the same time: More is less.
That is: Less is more, and more is less. Think about it.*